

# The 35<sup>TH</sup> Annual HIKE FOR LIFE

Saturday April 25, 2026



**Action Life** is a non-denominational, non-profit, pro-life educational organization dedicated to raising awareness about the value of life at all stages, from fertilization to natural death. Action Life members believe that we must try to solve human problems in positive, constructive ways – without destroying human life.

**Action Life** is entirely dependent upon private donations and does not receive funding from government or public funding agencies. The **Hike for Life** is a major source of funding for Action Life's activities. Participants ask friends or relatives to sponsor them, or sponsor themselves in order to provide financial support for Action Life's educational work. Hike for Life is a FUN EVENT FOR THE WHOLE FAMILY. Help us by participating in the Hike for Life either as a walker or sponsor a "Star Hiker" if you are unable to walk. Contact the **Action Life office (613) 798-4494** or visit [www.actionlife.org](http://www.actionlife.org) for pledge forms or information on "Star Hikers".

Let's all work together to protect life!

**Begin/End:** St. Theresa's Catholic Church  
95 Somerset St W Ottawa, ON K2P 0H3

**Registration:** 8:00am – 10:00am

**Official kick-off:** 9:00 am